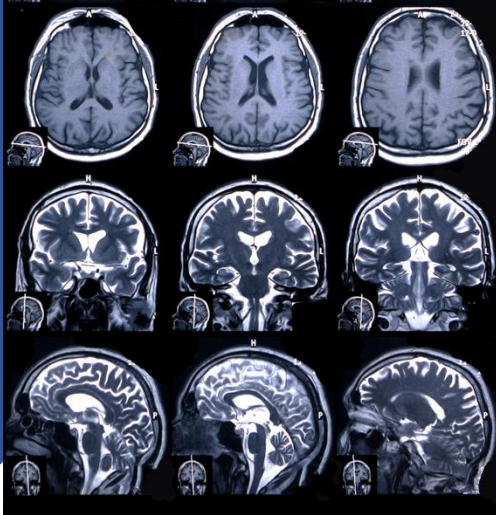


## How do I prepare for a neuropsychological assessment?



- Write down any questions you wish to ask.
- Arrange your appointment for the time of day when you feel most alert.
- If you wear glasses or a hearing aid, remember to bring them along.
- Bring along results from any previous medical or psychological assessments, if available (e.g., brain MRI).

## CONTACT US

To make an enquiry or discuss a referral.

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## What is a Neuropsychological Assessment?



# Neural Networks

Neuropsychological Services

## What is a neuropsychological assessment?

Our brain function and cognition (i.e. thinking skills) can be affected by many factors such as normal ageing, neurological disorders, brain injury and psychiatric illness.

Neuropsychologists have specialist training in assessing cognition to objectively evaluate areas of strength and weakness and how these might impact your everyday life.

## Why see a neuropsychologist?

The results from an assessment can be beneficial to assist with:

- ✓ Understanding strengths and weaknesses.
- ✓ Clarification of diagnosis.
- ✓ Advice for management and treatment.
- ✓ Baseline cognitive functioning to monitor changes in brain function over time.
- ✓ Guidance for decisions about important aspects of everyday life, such as returning to work or study.

## What can I expect during a neuropsychological assessment?

The assessment is individually tailored to your needs and concerns and is typically completed over a series of sessions. The assessment can take anywhere from 4-8 hours, depending on the reason for assessment.

Multiple sources of information are gathered and integrated, including an interview and standardised testing. Assessment tasks typically evaluate cognitive skills including:

- Attention and concentration.
- Speed of thinking.
- New learning and memory.
- Language.
- Visuospatial functions.
- Executive functions (complex thinking skills) such as planning, problem solving and reasoning.



## Who would benefit from a neuropsychological assessment?

A neuropsychological assessment can help individuals who have experienced brain injury or those with diagnosed or suspected neurological or neurodegenerative conditions and have cognitive concerns, such as:

- Acquired Brain Injury (e.g., stroke, tumour or traumatic brain injury).
- Neurodegenerative conditions (e.g., Alzheimer's disease, Frontotemporal dementia).
- Autoimmune/Inflammatory diseases (e.g., Multiple Sclerosis).
- Learning disorders or intellectual disabilities.

Neural Networks accepts referrals for adults and older adults (18 years +) for clinical purposes.

## What does a neuropsychological assessment cost?

Neuropsychological assessments are currently not covered by Medicare. Fees will depend on the complexity of the case and a quote for services will be discussed and given at the time of booking. Rates are based on the Australian Psychological Society's recommended fee schedule.